

## CURRICULUM VITAE



**Name:** CLOTILDE  
**Last Name:** VÁZQUEZ MARTINEZ

**CURRENT PROFESSIONAL AFFILIATION:** **Head of the Department of Endocrinology, Nutrition and Obesity**  
**Fundación Jiménez Díaz-IDC Hospital**  
*Plaza Cristo Rey. Madrid 28040 (Spain)*

e-mail: [clotilde.vazquez@quironsalud.es](mailto:clotilde.vazquez@quironsalud.es)

### **ACADEMIC BACKGROUND**

1977	College Degree in Medicine University of Valencia (Spain)
1982-	Endocrinology and Nutrition Speciality Autónoma University of Madrid, (Spain)
1990	Doctorate in Medicine (Endocrinology and Nutrition) Autónoma University of Madrid, (Spain).
2013	Assistant Professor. Department of Medicine. Universidad de Alcalá de Henares
2011	Scientific Director of the Master "Obesity and its comorbidities". 60 ECT's. Universidad de Alcalá de Henares
2014	Assistant Professor . Department of Medicine. Universidad Autónoma . Madrid
2015	Co-Director of the Master "Obesity and its comorbidities". 60 ECT's. Universidad Rey Juan Carlos. Madrid
2016	Associate Professor. Department of Medicine. Universidad Autónoma . Madrid
2018	Emeritus Professor, Department of Medicine, Universidad de Alcalá de Henares, Madrid
2018	Co-chair in "Diabetes and Obesity" at Universidad Rey Juan Carlos, Madrid .

**PROFESSIONAL EXPERTISE**

1979-1982	Medical internship (Endocrinology and Nutrition) Fundación Jiménez-Díaz hospital (Madrid).
1983-1986	Endocrinology and Nutrition Department. Medical fellowship. Fundación Jiménez-Díaz hospital (Madrid).
1986-1990	Endocrinology and Nutrition Service, Medical Specialized Area staff. Severo Ochoa Hospital (Leganés, Madrid).
1990-1999	Head of the Section of Endocrinology and Nutrition. Severo Ochoa Hospital (Leganés, Madrid).
2000- 2013	Head of the Section of Endocrinology and Nutrition Ramón y Cajal Hospital (Madrid).
2014....	Corporate Head of the Department of Endocrinology, Nutrition and Obesity Fundación Jiménez Díaz-IDC Hospital, Hospital Universitario Rey Juan Carlos, Hospital Universitario Infanta Elena, and Hospital General Villalba, Madrid
2014-2020 Obesity)	Leadership in Obesity diagnostic and treatment , certified by EASO ( European Association for the study of

**PROFESSIONAL EXPERTISE**

2009-2011	Coordinator of the Taskforce “Therapeutic education in Diabetes” ,of the Spanish Society of Diabetes
2012	President of the SENDIMAD (Sociedad Madrileña de Endocrinología, Nutrición y Diabetes) Society
2012	Scientific Director of “Diabetes” (magazine edited by the Spanish Diabetes Society)
2013	Associated Professor. Department of Medicine. Universidad de Alcalá de Henares. Madrid
2014	Associated Professor. Department of Medicine. Universidad Autónoma. Madrid
2016-...	Director of Overweight and Obesity Institute, Fundación Jimenez Díaz, Madrid
2016-...	Director Master “Obesidad y sus Comorbilidades”. URJC. Madrid
2018	Coordinator of the “Obesity Board”, SENDIMAD

**RESEARCH :**

I belong to :

CIBEROBn. Instituto Carlos III. Ministerio de Sanidad.

IISFJD : Instituto de Investigaciones Sanitarias Fundación Jimenez Díaz : Diabetes, cardiovascular and renal diseases’ Area

**IP ( last 10 years):**

2008-2010	“Efficacy of Exenatide of long-term-release and once a week-administered, and Glargine insulin, in type 2 diabetes patients treated with Metformin as monotherapy, or combined with_sulfonylurea and thiazolidinone. (H80-EW-GWBR)
2008- 2009	Main co-investigator of the clinical trial “Influence of the Mediterranean diet upon the oxidative state of patients with cardiovascular risk (PREDIMED/08).

2008-2010	"Safety and efficacy of the weekly-dosage of Exenatide versus Metformin, an inhibitor of the dipeptidyl peptidase-4 or a thiazolidinone in type 2 diabetes patients under monotherapy not previously treated with drugs" (H80-MC-GWCH).
2009-2011	PI and scientific coordinator of the study "A multicentric nutritional intervention study for the evaluation of the health benefits derived from the consumption of hake (fish), in a population <b>with high cardiovascular risk. This study was promoted by the "CIBER of Obesity and Nutrition" (Code CEIC Ramón y Cajal 33UT08011)</b>
2012	Early diagnosis of abnormalities in carbohydrate metabolism and diabetes in obese patients. Differential treatment implications. Reference number CEIC 023/12
2012-2014	"PROBESCI 2 : a clinical trial of therapeutic equivalence in the treatment of the obese patient: grupal versus individual strategie". (Code CEIC 76/12)
2014	PREDIMED PLUS STUDY : a multicenter clinical trial "Effect of a low-calorie mediterranean diet and physical activity promotion on cardiovascular primary prevention. Pilot study".
2015...	PREDIMED+MK: Effect of a low-calorie Mediterranean diet+regular physical activity on cardiovascular risk factors in patients with metabolic syndrome. The role of the skeletal muscle (MYOKINES) PI ( Code , FIS PI15/01324 )
2017	Estudio observacional, mediante experimento de elección discreta, para identificar las preferencias de los pacientes diabéticos tipo 2 en relación con su medicación inyectable para la diabetes mellitus tipo 2 (Código Protocolo D1843R00246/AST-GLP-2015-01) . Promotor ASTRA ZENECA
2019	Efecto de la suplementación peptídica sobre la respuesta en la absorción e inflamación intestinal en individuos con enfermedad de Crohn. FIIS-FJD. Registro EC 032-2019_FJD.. Financiado por Comunidad de Madrid. Proyecto SUNESPRO

.....

### PATENTS

Holder of a currently operative Patent Copyright (Registered) for its use in the classes number 9, 16, 35, 41, 42, and 44.

**Authors:** C. Vázquez

**Title :** Diet Exchange ( "Intercambio Dietas" )

**Reference:** 2855378/0

**Resolution granted :** Spanish Ministry of Industry, Tourism and Commerce. April 16, 2009 (published at the Spanish BOPI (official boletin) on May 6, 2009.

-----

### COMPLEMENTARY TRAINING IN SCIENTIFIC RESEARCH

**Magister in Clinical Research expertise and Good Practices in clinical trials ( 1 year duration ) .** Madrid, Universidad Complutense, 2001, 60 ECTS

Curso "La gestión del cambio en las Unidades de Endocrinología" . IE Business School. Executive education. Madrid, 5 y 6 Noviembre 2010

### AWARDS

- The "Abraham García Almansa Award" to a career in Clinical Nutrition, granted by the Spanish Society of Basic and Applied Nutrition (SENBA). Valencia (Spain), December 1998.

- Award of the Foundation S.E.E.N (Spanish Scientific Society of Endocrinology and Nutrition), to the best publication in Nutrition. Alicante, (Spain), 2002.

- Award to her contribution and career in the diabetes field, granted by the Castilla- La Mancha Foundation for Diabetes. September 2008.

"Best in class" in Clinical Nutrition Award, 2013

"Best in class" in Diabetes Award 2015

"Best in class" in Diabetes Award 2016

"Top doctor", Forbes 2018